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# Dyslexia: Facts vs. Myths

## What is Dyslexia?

**DYSLEXIA is a specific learning disability** which is neurological in origin. **People with dyslexia struggle to read and spell.** They have a hard time processing the sounds of letters to make them into words.

**DYSLEXIA affects between 5 and 20% of the population** and is often hereditary.

**That means 1 in 5 people may have dyslexia.**

**Early identification is key** and dyslexia can be screened for as early as preschool.

**Students with dyslexia can learn to read and spell through STRUCTURED LITERACY instruction.** This means that teaching techniques are evidence based and **multi-sensory** and are explicit, direct, cumulative, intensive and focused on the structure of language.

**DYSLEXIA is NOT a problem of intelligence.** Kids with dyslexia are just as smart as their peers. Many are also gifted artistically, athletically and scientifically.

**DYSLEXIA is NOT a vision problem or an issue with reading backwards.**

**DYSLEXIA is NOT something you outgrow,** but with early intervention and appropriate accommodations literacy outcomes greatly improve.

**DYSLEXIA is NOT a problem with laziness.** Kids with dyslexia are trying hard. They need specific help to make progress.

**Scan for more information!**

